

# MEMORIALS HONOR LOVED ONES, HELP OTHERS

Ever since Timber Creek Charities began accepting donations in 2001, people have been giving money in honor of loved ones who have died. In 2007, that tradition continued.

Naomi Barks made a \$1,000 donation in memory of her husband, Bruce E. Barks, who died in November 2006. “Bruce was very arthritic, quite crippled,” says Naomi. “He really benefited from the water therapy at Timber Creek. From the measurements the therapists took, you could see how much more mobile he was after therapy. The staff there was very good to him.”

Eileen Goodrich made a \$700 donation in memory of her husband, Leonard Goodrich, who died in January 2007. Another \$520 was donated by others in honor of Leonard.

Leonard had a stroke in early 2005 and Eileen was advised to place him in a nursing home. “I had heard about Timber Creek and decided to see if they could help,” Eileen says. “He started to improve almost immediately. He had lost his speech and they helped him recover a lot of that.”

Leonard also received physical therapy at Timber Creek, both on horseback and in the pool. “He liked it all and looked forward to going there. At first he was going five times a week, then down to two and then one,” Eileen says. Leonard was able to live at home until his death.

When Marilyn Wright died in 2007, dozens of people made contributions to Timber Creek Charities in her memory. About \$1,200 was given to honor the woman who had been a volunteer at Timber Creek. Plans are being made to install a gazebo at Timber Creek in 2008. A spot in a nearby garden will feature a bench and arbor in Wright’s memory.

Another way people honored loved ones in 2007 is by sponsoring a tee box sign at the annual golf tournament. These \$100 contributions are a good way to boost the income from this fundraiser, while providing public recognition for a friend or family member who has passed away.

Memorial contributions can be designated for a specific use or left up to the discretion of the Timber Creek staff to use wherever the need is greatest.

## HOW CAN YOU HELP? SEND YOUR TAX-DEDUCTIBLE CONTRIBUTION TO:

Timber Creek Charities • 2400 Poplar Avenue  
• Guthrie Center, IA 50115

Or call 641-747-3225 to see if there is a need  
you can fill, either with a designated monetary  
contribution or by volunteering your time and talent.

Timber Creek Charities  
ANNUAL REPORT 2007



# A MESSAGE FROM THE FOUNDER

Welcome to the 2007 Timber Creek Charities Annual Report. As I write this, it is early on a Friday evening at Timber Creek and all of the staff and patients have gone home for the day. It is quiet and I have time to reflect on the week and all that is going on at Timber Creek. Ninety-two individuals with special needs, and many of their families and friends, passed through our doors this week. Thirty-five came for physical therapy, 33 for speech therapy, two for therapeutic pool sessions and 22 for therapeutic riding classes.

Today was a fairly typical day. Two groups of visitors dropped in for tours. Three new referrals were received for patients needing physical and speech therapy. A request was received for a presentation regarding the services we offer, and numerous phone calls requesting information were received and answered. We have been busy scheduling carriage rides for our nursing home groups and we have been working away at the mounds of paperwork that demand our attention each and every day.

Twenty-two of the 92 clients who we provided direct services to this week have needed some assistance from Timber Creek Charities to make their treatments possible. That is a huge blessing for them and a blessing for us, as well, as it allows us more time to help these patients with their significant and challenging needs. With the increasing costs of providing services and declining reimbursements from Medicare, health insurance and personal funds, the role of Timber Creek Charities is vital in allowing us to continue to offer these quality services to those who need them the most.

When I started Timber Creek, I knew there would be individuals who would benefit from our services but would not have adequate insurance coverage or personal funds to support their needs. Timber Creek

Charities was formed to assist them. The need for assistance has grown each year. In 2007, 113 people received some financial assistance from Timber Creek Charities, enabling them to secure therapies or beneficial therapeutic activities. We are extremely grateful to every person, business and organization that donated money, time, materials and labor to Timber Creek Charities to make it possible for this to happen. The words to adequately express our gratitude escape me, but please know we are all sincerely indebted to each and every one of you for your help.

We have an amazing, dedicated staff at Timber Creek Therapies. Each one goes above and beyond the normal call of duty doing everything possible to assist each patient who comes to us seeking help. We have seen incredible progress during this past year. We have seen people learn to walk when they were told that would not be possible. We have seen patients gain functional communication skills when they did not previously have those skills. And we have seen patients reduce their pain levels and become able to live independently or need less assistance than before their treatments. I know all things are the result of hard work, dedication and a divine blessing. Winston Churchill once said, “We make a living by what we do, but we make a life by what we give.” We are lucky we have this opportunity and forum from which to give to others who need help.

I want to thank the wonderful, dedicated members of the Timber Creek Charities Board of Directors for willingly donating their time and talents to govern the charity with outstanding integrity, wisdom and vision. I want to thank Susan Thompson for her excellent help with grant writing and publicity. Her terrific help, exceptional skills and creative vision make my job much easier. Special thanks are in order to

Lisa Calvert, as well, for helping out with financial information for our grants and fundraising events.

We are blessed with amazing and giving volunteers at Timber Creek. Mother Teresa once said, “We can do no great things, only small things with great love.” Our awesome volunteers exemplify that principle every day they are with us. We strive to live up to their example as well.

In this 2007 Timber Creek Charities Annual Report you will see several success stories of some of the patients who have received assistance from Timber Creek Charities. You will see how funds are raised, how donations are spent and where donations came from during 2007. You will also find information about memorial donations and ways you can help us continue with our mission.

Please know you are always welcome to drop by for a visit. Thank you so very much for your help!

Blessings to you,

**Cindy McCarty**, Director  
Timber Creek Therapies –  
Timber Creek Ranch

## TIMBER CREEK CHARITIES 2007 FINANCIALS

SUMMARY OF INCOME FOR THE YEAR ENDED DECEMBER 31, 2007			
	AMOUNT	%	
1. Horse Rental	0	0%	
2. Corporate Donations	17,800	27%	
3. Foundation Donations & Grants	14,871	23%	
4. Individual Donations	25,563	39%	
5. Golf Outing Fees	7,748	12%	
<b>Total Income</b>	<b>65,982</b>	<b>100%</b>	

SUMMARY OF EXPENSES FOR THE YEAR ENDED DECEMBER 31, 2007			
	AMOUNT	%	
1. Fundraising	7,748	13%	
2. Administrative	3,435	6%	
3. Program Expenses	49,835	82%	
<b>Total Expenses</b>	<b>61,018</b>	<b>100%</b>	



## TIMBER CREEK CHARITIES 2007 DONORS

### OVER \$1000

Variety — The Children’s Charity of Iowa \$10,000  
American Investors Sales Group \$4000  
Broker’s International \$4000  
American Equity Investments Life Insurance Co \$3000  
DPR Construction, Inc. \$3000  
Owner Revolution \$2500  
Greater Des Moines Community Fund (on behalf of the Wheeler Family Fund) \$1500  
Debra J. Richardson Unitrust \$1500  
Guthrie County Community Foundation \$1200  
Kevin and Lisa Wingert \$1100

### \$500 - \$1000

Naomi Barks in Memory of Bruce Barks \$1000  
Rita Bergman in Memory of Don Gillespie \$1000  
James Hartman \$1000  
Bill and Cindy McCarty \$1000  
Noble Foundation \$1000  
Wal-Mart Stores \$1000  
Autism Society of Iowa \$750  
Eileen Goodrich in Memory of Leonard Goodrich \$700  
FISERV Foundation \$500  
McCarty Marketing/Kaleb McCarty \$500  
Kevin and Marci Schreck \$500

### \$100 - \$499

Paul and Leola Thompson \$350  
Guthrie Center Knights of Columbus \$321.19  
Scott and Shelley Chakan \$300  
Hitchin’ to Go Drivin’ Club \$300  
John Matovina \$300  
Alvin Mikkelsen \$300  
Panora Telecommunications/Autism Camp \$300  
Rick and Jodie Pettit \$300  
Max and Victoria Gilliland \$250  
Hemphill and Assoc/Doug and Deb Hemphill \$250  
Manning Community Funds \$250  
National Investors/R. Joe Smith \$250  
Preston and Lynda Regan-Pitts \$250  
Mel and Janice Sheley \$250  
Duane Spicer Revocable Trust \$250  
Sue Behrens \$200  
Jim and Julie Gerlach \$200  
Donations in Memory of Leonard Goodrich \$200  
Donations in Memory of Craig A. Swanson \$200  
United Funds of Guthrie County \$200  
IKM Staff/Marilyn Wright Memorial \$167  
Pam Zimmerman/Marilyn Wright Memorial \$155  
Mary Coughlin \$150  
Field of Dreams \$146.12  
Bates Service Center/Wilbur & Susan Bates \$100  
Wendell Blankenburg \$100  
Bryton Insurance Agency \$100  
Leona Burkhardt \$100  
Phyllis Crowl in Memory of Leonard Goodrich & Clair Crowl \$100

John and Jennifer Dilley \$100  
Farmer’s State Bank \$100  
Guthrie County State Bank \$100  
Lyle and Rosella Hansen \$100  
Hometown Foods/Tom & Becky Reinhart \$100  
ING \$100  
Merv and Barb Krakau \$100  
Paula Livingston \$100  
Paula Livingston/Autism Camp \$100  
Julia McCarty \$100  
Pat and Nancy McManus \$100  
Medicap Pharmacy, Panora \$100  
Al Meixner \$100  
Meriwether, Wilson & Company \$100  
Pat and Deb Moylan \$100  
Chris and Julie Nelson \$100  
Jeff and Trish Nelson \$100  
Diane Owen \$100  
Panorama Elementary Staff/Autism Camp \$100  
Panorama Elementary Staff in Memory of Marilyn Wright \$100  
People’s Bank \$100  
JoAnn Slater in Memory of Jerry Slater \$100  
Timber Creek Therapies \$100  
Venteicher Electric, Inc \$100  
Jr. and Marilyn Washburn \$100  
Linda Wendl \$100  
Yale Tiling, Dale & Beverly Louk \$100

### Under \$100

Amy Hector \$80  
Jim and Patti Jessen \$80  
Steve and Ruth Allen \$75  
Randy and Carol Hansen \$75  
Cheryl Strohman \$75  
Mid-Iowa Red Hatters \$55  
AO Kiya Study Club \$50  
Elaine Barnett/Leonard Goodrich Memorial \$50  
Ann Canady/Leonard Goodrich Memorial \$50  
Lora Koch/Marilyn Wright Memorial \$50  
Virginia Nelson/Marilyn Wright Memorial \$50  
Tim & Christie Pierce in Honor of Bill McCarty \$50  
Rosemarie Staebell/Autism Camp in Memory of Marilyn Wright \$50  
Mary Breyfogle/Autism Camp \$35  
Kathleen Jorgensen/Marilyn Wright Memorial \$20  
Megan Frakes/Autism Camp \$30  
MaryJane Venteicher/Marilyn Wright Memorial \$30  
Les and Suzette Betts \$25  
Deborah Burton \$25  
Lavonne Dierks/Leonard Goodrich Memorial \$25  
Roger Foelske/Marilyn Wright Memorial \$25  
Molly Gerlich/Leonard Goodrich Memorial \$25  
Hebron United Methodist Women \$25  
Lois Kriebs/Marilyn Wright Memorial \$25  
Shari Lohrman/Marilyn Wright Memorial \$25  
Sandra Lowe in Honor of Bill McCarty \$25

Linda Mobley/Marilyn Wright Memorial \$25  
Cynthia Morgan/Marilyn Wright Memorial \$25  
Deb Seeman/Marilyn Wright Memorial \$25  
Twila Seley \$25  
Zola Snyder/Marilyn Wright Memorial \$25  
Mara Swanson \$25  
Sandra Vennink/Marilyn Wright Memorial \$25  
Judy Ahrenholtz/Marilyn Wright Memorial \$20  
D. Beeler/Marilyn Wright Memorial \$20  
Candi DeCarlo/Marilyn Wright Memorial \$20  
Sharon Coenen/Marilyn Wright Memorial \$20  
N. Carolyn England/Marilyn Wright Memorial \$20  
Maureen Lubeck/Marilyn Wright Memorial \$20  
Chris Macumber/Marilyn Wright Memorial \$20  
Debbie Musfeldt/Marilyn Wright Memorial \$20  
Jen Ohannessian/Marilyn Wright Memorial \$20  
Panora Association of Churches \$20  
Rosetta Peters/Leonard Goodrich Memorial \$20  
Virgil Peterson/Marilyn Wright Memorial \$20  
Jennifer Rasmussen/Marilyn Wright Memorial \$20  
Anna Schwarte/Marilyn Wright Memorial \$20  
Rhonda Rath Sievertsen/Marilyn Wright Memorial \$20  
Majorie Wasson/Leonard Goodrich Memorial \$20  
Mike and Nancy Wells/Marilyn Wright Memorial \$20  
Barbara Wuestewald/Marilyn Wright Memorial \$20  
Tom Casey/Marilyn Wright Memorial \$15  
Bev Craft/Leonard Goodrich Memorial \$15  
Tracy Hansen \$15  
Marianne Petersen/Marilyn Wright Memorial \$15  
Lora Darling/Marilyn Wright Memorial \$10  
Eileen Goodrich/Marilyn Wright Memorial \$10  
Beth Hagedorn/Marilyn Wright Memorial \$10  
Nancy Kloewer/Marilyn Wright Memorial \$10  
Jean Lehman \$10  
Ginger Lindstrom/Marilyn Wright Memorial \$10  
Owen Livingston \$10  
Julia McCarty/Marilyn Wright Memorial \$10  
Janet Meier/Marilyn Wright Memorial \$10  
Jen Ohannessian/Autism Camp \$10  
Cindy Redfern/Marilyn Wright Memorial \$10  
Mrs. Richard Schwieso/Marilyn Wright Memorial \$10  
Deb Seeman/Autism Camp \$10  
Sally Simdorn/Marilyn Wright Memorial \$10  
Mary Lou Singleton/Leonard Goodrich Memorial \$10  
Janelle Smool/Autism Camp \$10  
Joan Fredrickson/Autism Camp \$5  
Danielle Johnston/Autism Camp \$5  
Ruth Lapp/Leonard Goodrich Memorial \$5  
Tim Lazenby/Autism Camp \$5  
Karen Maben/Autism Camp \$5  
Nancy Marks/Autism Camp \$5



# TIMBER CREEK CHARITIES IS THIRD LEG OF THE STOOL

## FIRST CAME TIMBER CREEK RANCH

More than a dozen years ago, Bill and Cindy McCarty bought 220 acres of native timber in Guthrie County so they could enjoy their hobby of horseback riding. Cindy has more than 30 years of experience as a speech-language pathologist, working with children and adults in schools, homes, hospitals and long-term care facilities. While riding the trails on their Timber Creek Ranch, Cindy thought about how her patients would enjoy the setting.

## THEN CAME TIMBER CREEK THERAPIES

Longtime friend and physical therapist, Sue Behrens, suggested she establish a therapy program using horses. They researched hippotherapy, where trained physical, occupational and speech-language therapists use the movement of a horse as a treatment tool.

“A horse walks in a three-dimensional pattern, much like a human. By placing a human on a horse’s back, just in front of its pelvis, we can almost duplicate the human walk,” McCarty says. “It also stimulates the central nervous system and helps activate communication, language and cognitive skills.”

Hippotherapy helps patients with cerebral palsy, brain injuries, strokes, autism, learning disabilities, attention deficit disorder, multiple sclerosis, spina bifida and many other illnesses and disabilities.

Timber Creek Therapies also features a warm-water pool with a system that can move 5,500 gallons of water up to 6.5 miles per hour. “The moving water provides a highly effective treatment for patients with mobility, gait, trunk control and pain issues,” McCarty says. “Children and adults of all ages and injuries, diseases, surgical repairs and a variety of other impairments have benefited from physical therapy in our pool.”

## NEXT CAME TIMBER CREEK CHARITIES

Timber Creek Charities is a 501c3 nonprofit, publicly supported entity. “I knew we’d get patients who wouldn’t have insurance or the money to pay their own way,” McCarty says. “We didn’t want to turn anyone away.”

While most of the patients who receive physical and speech therapy have some expenses covered by insurance, Timber Creek Charities steps in to help children and adults who don’t have adequate insurance or private funds. It also helps those who can’t afford therapeutic services that are not covered by insurance.

Timber Creek Charities receives its funding from corporate, foundation and individual donations, and proceeds from an annual golf tournament and auction.

The three entities—Timber Creek Ranch, Timber Creek Therapies and Timber Creek Charities – are “three legs of a stool” that is making a difference in hundreds of lives each year.





# STORIES OF GREAT SUCCESS

## COLLIN EVANS

Four-year-old Collin Evans of Griswold brought a bag of Christmas gifts to Timber Creek Therapies on December 19. There were gifts for the staff, but in Collin’s opinion the most important gift was a bag of carrots. Those were for Jewels, his favorite horse at Timber Creek.

Collin and his twin brother Logan were born prematurely at 29 weeks. Collin developed hydrocephalus, which is a buildup of fluid on the brain. The fluid was shunted away but some damage had already occurred. Collin has cerebral palsy and some developmental delays. A local therapist recommended Timber Creek Therapies, and Collin has been making weekly visits since he was one-and-a-half years old.

“He has made tremendous strides,” says his mother, Jessie Evans. “Both his upper and lower body strength have improved, and his speech now is almost equal to other children his age. Our goal is independent walking and he’s getting close.”

Collin makes the 140-mile round-trip from Griswold to Timber Creek each Wednesday. He spends the first half hour on horseback as a Timber Creek staff member leads Jewels around an indoor arena. Cindy

McCarty walks along, guiding him through a series of speech therapy exercises. “I’ve been working with Collin for six months, and he has made great progress. I am very proud of him and his accomplishments,” McCarty says. The next half hour is spent in the pool with physical therapist Kim Johnk, who has worked with Collin for three years. She helps Collin increase his strength and endurance with fun exercises and games.

“The staff at Timber Creek is absolutely wonderful,” Evans says. “They are so patient, so kind, and have been so supportive every step of the way.”

Collin’s sessions now are covered by his insurance, but he received help from Timber Creek Charities for several months during his first year of therapy.

Evans says they tried a hospital-based therapy program for a while, but decided Timber Creek Therapies is the best place for Collin. “We didn’t see the progress elsewhere that we’ve seen at Timber Creek,” she says. “This is fun for him. He loves the horse, the pool, the staff. He’s willing to work here, because to him it isn’t therapy, it’s just fun.”

1.



## ADAM SELEY

Adam Seley was severely injured in a car accident in December 2004. After more than three months in a coma, followed by 11 months at “On With Life” in Ankeny, he was able to move back home to Greenfield.

He began twice-weekly visits to Timber Creek in spring 2007. “We saw immediate progress,” says Karen Seley, Adam’s mother. “His speech, his cognitive thinking, his walking — all improved in a very short period of time. It was a relief to find people who understand brain injuries.”

In the beginning, Adam received physical therapy both in the hydrotherapy pool and on horseback. He also received a half hour of speech therapy with Cindy McCarty. Adam eventually “graduated” from the physical therapy program, which helped him learn to walk independently again.

Now the 25-year-old visits Timber Creek just once a week and Timber Creek Charities assists with the cost of his treatment sessions.

He spends 30 minutes on horseback and another half hour in the classroom with McCarty, and uses the full hour to work on his speech and memory.

“His speech continues to progress,” Karen says. “When we started in March 2007, he was trying to say just single words. Now he is talking in sentences and more people can understand him.”

Adam lives with his parents, but hopes to be able to live in his own apartment someday. He’s now able to work part-time at a local auto garage.

Karen is full of praise for the Timber Creek staff and how they have helped Adam. “It’s been a godsend for Adam to be able to go to Timber Creek. He’s progressed further than we ever hoped. We’ve seen continual, steady progress, and I have no doubt his speech will continue to improve.”

2.



1.

Collin Evans of Griswold sees eye-to-eye with Jewels, his favorite horse at Timber Creek. Collin, with Cindy McCarty’s help, is about to feed Jewels a carrot he brought her in December as a Christmas gift.

2.

Adam Seley is shown with staff members Merv Krakau and Meg Johnston during one of his weekly hippotherapy sessions at Timber Creek.



# JOY WHEELER

Listen to the medical problems Joy Wheeler has faced in her lifetime and it seems she's had more than her share.

Most stemmed from an accident in the early 1990s, when the horse she was riding bucked her off and she hit her head on the pavement. Blood clots in her brain caused partial paralysis on her left side. She has no use of her left arm, and her left leg is weak and makes walking difficult. Nerve damage in her foot causes pain.

Wheeler has been coming to Timber Creek Therapies off and on for the past five years. Although insurance covered her therapy in the beginning, Timber Creek Charities has stepped in to help in recent years. Wheeler's two daughters, Katie and Jessie, take turns bringing her the 50 miles from her home in Anita to Timber Creek each Wednesday. She spends the first hour in the pool with physical therapist Kim Johnk.

"She absolutely loves the pool," says Katie. "She and Kim have an awesome relationship. Kim makes her so comfortable. I'd say almost every time we're there, we see improvement."

Katie says there have been times when Joy felt she had improved enough that she didn't need to go to Timber Creek anymore. "But we've learned that if she stops going, she will slip backward. Pretty soon she's falling, and then can't even walk. I know if she wasn't going to Timber Creek, she'd be in a wheelchair," Katie says.

Joy echoes that sentiment. "I had to quit therapy when I had my right shoulder operated on and then I went through a deep depression. I couldn't even get out of bed. I would be in a wheelchair now if it weren't for Kim and Timber Creek Charities giving me therapy and helping me. I appreciate everyone at Timber Creek more than I can say. They have saved me," Joy says.

Katie says her 54-year-old mother lived in a nursing home for awhile, but has been able to live independently for more than a year and has been making regular trips to Timber Creek. "They've done amazing work with her. She's walking so much better, and doesn't fall at all any more," Katie says.

In recent months, Joy has started spending an hour with Cindy McCarty for speech therapy. "They do activities to work her brain and improve her short term memory," Katie says. "They've helped her so much. She's had a lot of therapy from a lot of places and nothing has worked like Timber Creek."



3.

# THERAPEUTIC RIDING

More than 85 adults and children participate each month in therapeutic riding at Timber Creek Ranch. During 2007, 31 of those participants received financial assistance from Timber Creek Charities to make their time on horseback possible.

Most are residents of group homes, a county care facility and two sheltered workshops serving the mentally and physically handicapped. A few are adults living in long-term care centers and children and adults living in their own homes with parents or other relatives.

Volunteers and Timber Creek staff members lead the horses and walk beside the riders to ensure their safety. They also engage the participants in conversations and games, like tossing a ball into a bucket or dropping a ring over a pole.

Jennifer Kesler is program director at Country View Estates near Panora. Six residents of this care facility go to Timber Creek once a month. "The Timber Creek staff and volunteers are wonderful," Kesler says. "They are so accepting of our residents, communicating with them at a level they understand."

The climate-controlled 80' x 120' indoor arena makes it possible to provide therapeutic riding year-round. "It's wonderful to have the indoor arena," Kesler says. "It doesn't matter what the weather is like, our residents are able to participate."

The fee for a half-hour therapeutic riding session is \$30. All riders are asked to pay a minimum of \$5. After that, they pay what they can afford. Some are able to pay the full \$30, while others pay lower amounts.

No one requesting therapeutic riding has ever been turned away at Timber Creek because he or she couldn't pay the full cost. **During 2007, Timber Creek Charities provided \$11,905 to make therapeutic riding available to clients who could not pay the full cost.**

Michelle Patterson of Griswold has been coming to Timber Creek for about five years. She was diagnosed with multiple sclerosis in the early 1980s. Later, she went through a series of shock treatments to deal with some mental issues, which caused her additional mobility problems.

When she first came to Timber Creek she needed a walker to get around. She received physical therapy on horseback, in the pool and in the workout room, and was able to walk independently again.

Once her physical therapy goals had been met, Michelle transitioned to a weekly therapeutic horseback ride. Michelle's husband, Bob, says she benefits both physically and mentally from the activity. "I can see a difference when she gets back home. The mood she is in and the general way she acts," he says. "It has really helped her immensely."

The Pattersons pay a portion of the cost for Michelle's weekly therapeutic rides, and Timber Creek Charities covers the rest.

Jamie Theulen of Scranton was five years old when he arrived at Timber Creek Therapies. He will turn 12 in July 2008, which makes him one of the first patients to have received treatment there.

Jamie had been diagnosed with Pervasive Development Disorder, which leads to delays in multiple basic functions such as socialization and communication. Jamie's mother, Roberta, says Cindy McCarty was the only therapist in the area who was accepting children for speech therapy.

"Jamie had been wanting to ride a horse and I had been considering it as a way to reward him for good behavior. When this opportunity came along, I really didn't think riding a horse would have a whole lot to do with improving his speech," she says. "When he started at Timber Creek, he knew just 25 or 30 words. After just six weeks with Cindy, he had learned all 26 letters of the

alphabet. Plus, he could give a sound to match each letter, and a word that started with each letter."

Once Jamie met his therapy goals, his insurance coverage ended. But Roberta and Cindy continue to see value in Jamie's weekly Monday afternoon sessions on horseback so he was transitioned to the therapeutic riding program. The Theulens pay what they can and are helped by Timber Creek Charities.

"Cindy continues to work with him on speech, appropriate behavior and cognitive thinking. The therapeutic riding also has helped a lot with his balance," Roberta says. "Timber Creek has been a godsend. We've talked about the fact that Jamie may eventually graduate, but it will be a sad day if we have to stop coming here."

Many of the same benefits clients receive from therapeutic riding also are available to those who participate in the therapeutic driving program.

In October 2006, Timber Creek Charities unveiled a wheelchair-accessible carriage, donated by Dave Noble of West Des Moines, that allows groups of 7-8 people, including two in wheelchairs, to experience Timber Creek Ranch. The carriage is pulled by a Belgian draft horse named Max, who was donated by Mark and Mary Bower of Coon Rapids.

Most groups using the carriage come from long-term care centers and residential facilities for adults with disabilities. Since the beginning, the entire cost for participants in the therapeutic driving program has been borne by Timber Creek Charities.

**In 2007, 65 participants enjoyed carriage rides between July and October. Timber Creek Charities provided \$1,625 to make those rides possible.**

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3. Joy Wheeler, left, is shown in the Timber Creek hydrotherapy pool with Kim Johnk, physical therapist.

4. Each Monday afternoon, Jamie Theulen of Scranton has a therapeutic riding session at Timber Creek.

5. David Halterman of Bayard comes to Timber Creek once a week for a therapeutic riding session.

6. Michelle Patterson of Griswold has multiple sclerosis and short-term memory loss and benefits from a weekly therapeutic riding session. Here she is getting ready to ride Gracie.



# ANNUAL GOLF TOURNAMENT RAISES \$25,000 IN 2007

## SPONSORS, GOLFERS, AUCTION COMBINE TO MAKE EVENT A SUCCESS

The grass was green, the sky was blue, winds were calm and spirits were high at the sixth annual Timber Creek Charities golf tournament July 21, 2007. More than \$25,000 was raised during the four-person, best-ball tournament held at Lake Panorama National, making it the single largest source of funds for Timber Creek Charities in 2007.

Three corporate sponsors provided close to half of the total income. Both American Equity and Brokers International have donated \$4,000 each year since the first tournament in 2002, and did so again in 2007. AmerUs was a major sponsor in 2005 and 2006 with a \$4,000 donation. The company, now Aviva, continued that tradition in 2007.



In addition to these major sponsors, many other companies and individuals donated \$100 to become tee box sponsors. About 125 golfers participated by paying \$75 each for lunch, golf, prizes and dinner. Another 50 supporters, plus Timber Creek patients and their families, attended the dinner.

After dinner, the year's activities were highlighted in a slide show. A charity auction followed, with donated items sold as an additional way to raise funds for Timber Creek Charities.

In 2007, auction items were donated by Abigail Annie's, Ahoy Toys, Larry Babcock, Herbert and Alice Barrett, Sue Behrens and Larry Schettler, Ben Franklin, Ken Bose, Donna DeShaw, Eileen Goodrich, Tim and Kristie Hinnners, House of B, Brian Lage, Lake Lumber, Lakeside Inn and The Port, Bill and Cindy McCarty, Judy McCarty, Gary McPhail, GiGi Nelson, Rick and Jodie Pettit, Kelly Rowley and Sew Inspirational.

Auction items were purchased by Mike Bauer, Sue Behrens, Blake Benton, John and Jennifer Dilley, Randy Donnell, Duke and Ginger Dougan, Dennis Flanery, Bill and Marcia Hackfort, Dennis Hall, Bill and JoAnn Hansen, James Hartman, Mitch and Kim Johnk, Jordan Marks, Bill McCarty, Kelly McCarty, Doug and Renita Meredith, Ron and LouAnn Mowrey, Chris and Julie Nelson, GiGi Nelson, Jen Ohannessian, Tom and Cindy Redfern, Dennis Schreck, Tim and Janet Sipes, Jim Stafford, Dave and Dayna Teske, Buck and Anne Wheeler and Kevin and Lisa Wingert.

Tee box sponsors included:  
American Equity; Aviva; Brokers International; Bryton Insurance Agency; ING; People's Bank; Venteicher Electric Inc.; Hometown Foods/Reinhart Brothers Inc.; Jeff and Trish Nelson in honor of Kasey; Medicap Pharmacy in Panora; Scott and Shelley Chakan; Yale Tiling Inc./Dale and Beverly Louk; Dr. John and Jennifer Dilley; Meriwether, Wilson & Company PLC; "The Nelsons" in honor of Rylan; In Memory of Jerry Slater; In Memory of Don McCarty; In Memory of Wilson Mikkelsen; Stanley Excavation/Dean Stanley; The Wingert Kids; Guthrie County State Bank; Farmer's State Bank; Doug and Deb Hemphill; Aubrey McCarty; Kaleb McCarty; and Timber Creek Therapies.

The seventh annual Timber Creek Charities golf tournament will be held July 19, 2008. The forecast for the day is green grass, blue skies, calm winds and high spirits.



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5.

1. Delaney Teske, daughter of Dave and Dayna Teske of Carroll, was one of a number of Timber Creek patients who attended the evening dinner and was recognized during the program.

4. Kevin Wingert, who serves on the Timber Creek Charities board of directors, is president of American Equity. He and his wife Lisa were recognized for his company's \$4,000 donation as a major sponsor of the tournament.

2. Bill and Kelly McCarty were honored for the Brokers International \$4,000 donation as a major sponsor of the tournament.

5. More than 100 golfers participated in the 2007 Timber Creek Charities tournament. John Dinnebier, general manager of Lake Panorama National Golf Resort, gives instructions to the golfers in advance of the tournament.

3. Shane Boston shared his auctioneering voice and expertise to get top dollar during the charity auction.



# MAJOR DONORS MAKE MAJOR IMPACT

1. While on horseback, participants at the autism camp were guided through a series of physical activities.

2. Campers had the opportunity to interact with each other during their time on horseback at the autism camp.

3. Jim Washburn is a Guthrie Center native who has been instrumental in securing grants for Timber Creek Charities from his employer, DPR Construction, Inc.

## AUTISM CAMP SUPPORTED BY DONORS

The third Timber Creek Summer Day Camp for children with autism and related communication disorders was held June 18-22, 2007.

Variety-The Children's Charity of Iowa donated \$900 to support three campers. The Autism Society of Iowa provided a \$750 grant to support the camp. Panora Telecommunications provided \$300. Another \$270 was contributed by 12 individuals.

GiGi Nelson is the camp's founder. She is an autism specialist who has been the key organizer for the camp at Timber Creek all three years and worked daily with the campers.

The camp in 2007 ran for five days. Kindergarten and first-grade participants attended Monday, Wednesday and Friday from 9 a.m. to 11 a.m., with their attendance coordinated as a part of public school summer programs. Teenage and adult campers attended each day from 9 a.m. to 1 p.m. The two programs ran simultaneously with individualized programming planned for each participant.

Each camper had two volunteer peers who were the same age as him or her. The campers and their peer volunteers did all activities together, helping the campers learn to interact with others. They developed their communication and social skills through a wide variety of daily activities. They rode horses, spent time in the warm-water hydrotherapy pool, created artwork in the classroom, helped with snack preparations, played games in groups of two or more, participated in dance and movement games, and followed a daily printed word or picture schedule which was individually created for each camper.

On the final day of the camp, a celebration was held to which all parents, donors and volunteers were invited. Campers received special tote bags and certificates that featured a photo of them on horseback.

## DPR CONSTRUCTION, INC.

Jim Washburn and Cindy McCarty attended school in Guthrie Center together. Washburn eventually ended up in California, but they maintained their friendship.

Washburn manages the Southern California Region located in Newport Beach, California, for DPR Construction, Inc. Washburn's office is one of 10 regional offices that focus on commercial construction. This year, DPR Construction will build and put into place approximately \$1.6 billion worth of construction.

When Cindy McCarty was designing the Timber Creek Therapies building, Washburn helped with the floor plan, connected her with an Iowa architect and offered construction advice long distance.

In 2002, 2003, 2006 and again in 2007, Washburn was instrumental in securing grants for Timber Creek Charities of \$3,000 each year from DPR Construction.

"DPR wants to be integral and indispensable within the communities we operate," Washburn says. "Although we don't build projects in Iowa, we still are connected. We now have 14 graduates from Iowa State University working for DPR, plus four ISU interns this summer. So in some sense we are giving back to a community that is providing us with exceptional people. In this case, the benefactor is Timber Creek."

When Washburn comes to Iowa to visit family, he often makes a stop at Timber Creek. "I am always amazed how the Timber Creek staff and volunteers treat patients and their families, and how they convey such a warm feeling," Washburn says. "There seems to be a special, positive influence they cannot receive anywhere else. The patients feel a connection to the Timber Creek staff, the horses, the other animals and the rural setting."

Washburn says his involvement with Timber Creek has led him to volunteer for the past year at a hippotherapy facility in southern California.





# GUTHRIE COUNTY COMMUNITY FOUNDATION



1.

Four patients with four very different medical situations were able to continue needed services at Timber Creek Therapies in 2007 because of a \$1,200 grant from the Guthrie County Community Foundation (GCCF).

One patient receiving services was an elderly senior citizen who suffers from fibromyalgia, a condition that causes chronic widespread pain and fatigue. One of the four \$300 GCCF grants made it possible for her to receive six weeks of hydrotherapy in the Timber Creek pool, which helped ease her symptoms.

Another patient who benefited from one of the grants was a young girl with an array of disabilities. She received two months of speech therapy that wouldn't have been possible otherwise.

Dominic Higgins of Yale was diagnosed with Duchenne muscular dystrophy (DMD) when he was five years old. Nearly all children with DMD lose the ability to walk

sometime between ages 7 and 12. Now 11, Dominic is still walking and much of the credit goes to the therapy he has received at Timber Creek. In 2007, Higgins received three months of therapeutic riding with assistance from the Guthrie County Community Foundation.

Earl Webb shattered two vertebrae in a fall in 2006, crushing a portion of his spinal cord and leaving him paralyzed below the chest. Webb lives at New Homestead in Guthrie Center, where he received physical therapy after the fall. He improved, but once the rehabilitation period ended, his health declined. His family decided to try Timber Creek and he's shown progress ever since. Because Webb lives in a skilled nursing facility, insurance doesn't pay for his therapy so he must use private funds. The GCCF grant helped Webb receive one month of physical therapy at Timber Creek.



2.

# WAL-MART FOUNDATION



3.

Four-year-old Collin Evans of Griswold and his twin brother Logan were born prematurely. Collin developed hydrocephalus, a buildup of fluid on the brain, resulting in cerebral palsy and some developmental delays. He has been making weekly visits to Timber Creek since he was one-and-a-half years old.

Collin's mother Jessie works in the pharmacy department at the Atlantic Wal-Mart and took the lead applying for a grant from the Wal-Mart Foundation.

Evans knew Wal-Mart had a program that provides direct grants to nonprofit organizations. She researched the options and got an application form, which she took to the Atlantic Wal-Mart store manager, Matt Spies.

"He's the one who decided to ask for \$1,000," Evans says. "He sent it off to Bentonville and within a week he found out the grant had been approved. We were both so excited. Wal-Mart is a very giving organization when it comes to helping local nonprofit causes."

# OWNER REVOLUTION FOUNDATION

It's said lightning doesn't strike twice. But that's not true in the case of Timber Creek Charities and Owner Revolution Foundation of Adair.

Two checks from the Owner Revolution Foundation were presented in 2007—one in March for \$1,700 and another in August for \$800 for a total contribution of \$2,500.

Both times, six-year-old Connor Church of Atlantic wanted to surprise Sue Behrens, insisting that she close her eyes before he handed her a check. Behrens is president of Timber Creek Charities. She's also a physical therapist who has been working with Connor for more than four years.

In fall 2006, CEO Mike Downey told the 120 Owner Revolution employees he wanted to use some of the company's profits to help fund charitable ventures in the area. Connor's father, Brian Church, is a sales engineer at Plastic Professionals in Atlantic. He saw the program as an opportunity to help Timber Creek Therapies, a place near and dear to his heart because of the progress Connor has made there.

Connor was born 13 weeks early and has cerebral palsy. "If it weren't for Timber Creek, Connor wouldn't be where he is today," Brian says. "When he first started here, he couldn't walk and could barely hold himself upright because he just didn't have enough trunk strength."

Connor makes the 80-mile round-trip from Atlantic to Timber Creek each week. He spends the first half hour on horseback as a Timber Creek staff member guides him through a series of exercises. The next half hour is spent in the pool with Behrens.

Members of the Owner Revolution Foundation board are Mark Henke, president; Diane Roberts, chief financial officer; Lory Paulsen, production scheduler; Eric Juelsgaard, maintenance supervisor; and Betty Schafer, a company stockholder and one of the founders of Schafer Systems Inc., which is now Owner Revolution.

4.



5.



# VARIETY—THE CHILDREN'S CHARITY

For the second year in a row, Variety – The Children's Charity of Iowa awarded a \$10,000 grant to Timber Creek Charities to provide assistance to children. In 2007, the funds made it possible for children to receive therapy who do not have adequate insurance, for children to receive therapeutic riding, and for children to attend the autism summer day camp.

Founded in 1937, Variety – The Children's Charity of Iowa is dedicated to improving the lives of children in Iowa's communities. Since 1975, the club has raised more than \$65 million with its annual telethon and other fund-raisers.

Through the generous support of individuals and the corporate community, Variety has provided funding for capital projects, essential medical equipment and special programs to more than 300 charities throughout Iowa and neighboring states. In addition, more than 280 Sunshine Coaches are transporting kids across the state.

6.



1. Cindy McCarty receives a check for \$1,200 from Dana Hansen, chair of the Guthrie County Community Foundation.

2. Earl Webb, who received a \$300 GCCF scholarship, spends much of his time at Timber Creek in the pool, working on range of motion and strengthening his upper body.

3. Kim Johnk, left, physical therapist, is shown with Collin Evans and Cindy McCarty, director of Timber Creek Therapies. Collin holds a check for \$1,000 that was donated by The Wal-Mart Foundation to Timber Creek Charities.

4. Sue Behrens, president of Timber Creek Charities, accepts a check for \$1,700 from Connor Church. Connor made the check presentation in March on behalf of the Owner Revolution Foundation.

5. Mark Henke, president of the Owner Revolution Foundation, is shown with Connor Church and Sue Behrens, a physical therapist who has been working with Connor for more than four years. Connor holds a check for \$800 that was donated in August to Timber Creek Charities.

6. Mark Vukovich, 2006—2007 president of Variety—The Children's Charity, center, is shown with Timber Creek Charities board members Jim Stafford, left, and Carol Wendl, right, plus Cindy McCarty, founder of Timber Creek Charities and director of Timber Creek Therapies.



# TIMBER CREEK CHARITIES BOARD OF DIRECTORS

MEMBERS OF THE TIMBER CREEK CHARITIES BOARD OF DIRECTORS  
DO NOT RECEIVE ANY COMPENSATION.

**Rita Bergman**



**George Dimitri**



**Craig Ditsworth**



**LouAnn Mowrey**



**Carrie O'Brien**



**Dr. Jodie Pettit**



**Jim Stafford**



**Carol Wendl**



**Kevin Wingert**



OFFICERS ARE NONVOTING  
MEMBERS OF THE BOARD.

**Sue Behrens**



**Kim Johnk**



## MEMBERS OF THE BOARD

**Rita Bergman**

Denver, Colorado  
Bergman is a retired  
home health care  
businesswoman.

**George Dimitri**

Chicago, Illinois  
Dimitri is a sales  
consultant for  
Pella Windows.

**Craig Ditsworth**

Panora, Iowa  
Ditsworth is a CPA with  
Meriwether, Wilson & Co.

**LouAnn Mowrey**

Carroll, Iowa  
Mowrey is director  
of the Family  
Resource Center.

**Carrie O'Brien**

Panora, Iowa  
O'Brien is nursing  
supervisor for general  
pediatrics, pediatrics  
hematology and  
oncology, Blank  
Children's Hospital.

**Dr. Jodie Pettit**

Audubon, Iowa  
Pettit is a veterinarian.

**Jim Stafford**

West Des Moines, Iowa  
Stafford is vice president of  
account services for  
Strategic America.

**Carol Wendl**

Panora, Iowa  
Wendl is an attorney.

**Kevin Wingert**

Panora, Iowa  
Wingert is president  
of American Equity.

## OFFICERS

**Sue Behrens**

President. Behrens is a physical  
therapist at Timber Creek.

**Kim Johnk**

Secretary. Johnk is a physical  
therapist at Timber Creek.

**Timber Creek Charities thanks the following firms  
for their generous support and assistance with the  
creation and production of this annual report.**

**Strategic America:** Design, Layout and finished art

**Edwards Graphic Arts:** Printing

**Field Paper Company:** Paper