

HOPE*SPIRIT*LOVE

MESSAGE FROM THE FOUNDER





Welcome to the 2010 Timber Creek Charities Annual Report! We have had another good, busy, fun, challenging and rewarding year at Timber Creek. When we began building our therapy center at Timber Creek Ranch in 2000, I could never have imagined all that would transpire in the next 10 years.

I am most grateful for all the opportunities we have had to serve those in need. Our days are filled with children, adults and families who come to us for beneficial therapies and therapeutic activities. I am proud to say our wonderful staff continues to provide the best therapy we can day in and day out. We have had some staff changes and, as always, new patients come and those who no longer need our services go. We are honored to have them with us while they need therapy and we celebrate with them when they no longer need our help.

We continue to be blessed with a dedicated, talented staff; amazing volunteers; wonderful community support; and great patients and families. The generosity of spirit demonstrated at Timber Creek on a regular basis is truly awe-inspiring. In 2010, with the help of Timber Creek Charities, 131 children and adults of all ages received therapy services they would not have had insurance coverage or personal funds for on their own.

In this report, you will see stories of special patients, amazing donations and fund-raising efforts that help Timber Creek Charities continue to provide ongoing assistance to patients who need our help.

We thank the dedicated members of the Timber Creek Charities Board of Directors for their time, talents and guidance, and we salute all of our wonderful volunteers for providing the helping hands to make this all possible!

We are also immeasurably grateful to every person who made a donation to Timber Creek Charities. Each and every dollar donated helps us continue to provide services to those who need help. Please know you are welcome to come for a tour and learn more about the services we offer. Blessings to you and thanks for another great year!

Cindy McCarty

Cirdy McCarty

Director, Timber Creek Therapies
Timber Creek Ranch

VARIETY GRANT AGAIN HELPS CHILDREN AT TIMBER CREEK

Variety—The Children's Charity of Iowa is dedicated to improving the lives of Iowa children. In 2010, and for the fourth year in a row, Variety provided \$10,000 to Timber Creek Charities. Here are the stories of two children who received financial assistance because of the Variety grant.

Tori Fuller

A few months after a sledding accident, four-year-old Tori Fuller started having seizures.

Now Tori is eight years old. She takes medications to control the seizures, but still has many throughout the day. "If you're not looking at her, you don't even notice," says Darci Fuller, Tori's mother. "She stares into space for a few seconds and then it's over."

Those momentary lapses mean the second-grader misses some of what goes on in her classroom. Tori started coming to Timber Creek in November 2010 for speech therapy. "It's like night and day," says Darci. "Her speech has just blossomed, and she has so much more self-confidence."

Cindy McCarty explained to parents Shane and Darci Fuller how riding a horse would stimulate Tori's spinal column and brain. "While she's on the horse, Cindy works with her on memory, paying attention, making eye contact and sentence structure," Darci says.

Later, they go over homework McCarty assigned during Tori's last visit, usually reading a story and then writing a sentence about what she read.

Darci says the financial assistance from Variety made it possible for Tori to get the help she needs. At first, the family's health insurance wouldn't cover therapy until they met a high deductible. Now the assistance helps them cover a required copayment. "It has been a godsend," she says. "We wouldn't have been able to come here without it."

Lydia Davis

An emergency C-section brought Lydia Davis into the world five weeks early, after she experienced a lack of oxygen to her brain while in the womb. Lydia's development was seriously delayed. She didn't learn to sit up until she was 15 months old. Although she was being seen by a physical therapist at home, she wasn't making much progress.

Once Lydia was old enough to understand a therapy session was imminent, she would cry and sob. The therapist's reaction? "She said if she doesn't like it, it must be good for her," says Sarah Davis, Lydia's mother. "That didn't match my philosophy on how to motivate children."

A chance meeting with someone who knew about hippotherapy and Timber Creek led Sarah to come for a tour. "That sold me," she says. "I knew this is where we should be."

Now four years old, Lydia has been coming to Timber Creek once a week since the fall of 2010. She has speech therapy with Cindy McCarty while riding in the horse arena. "She's talking all the time now," Sarah says. "The motion of the horse really helps."

She then attends occupational therapy with Allison Stanley, where she develops her fine motor skills by working with puzzles and coloring.

Physical therapy with Dennis Runyan is last. The most exciting result of therapy is Lydia learning to walk. "With her previous therapist, there was never any expectation she would walk," Sarah says. "Now she loves it."

Insurance won't cover Lydia's speech therapy, so the Variety grant helps with that, plus a high deductible.

Sarah and her husband Chris live in Des Moines with Lydia and her three siblings. Making the 120-mile round-trip each week is "definitely worth it," says Sarah. "She doesn't consider this therapy. She just thinks she's coming to play with her friends."



Tori Fuller with Merv Krakau and Cindy McCarty.



DONATIONS COME IN MANY FORMS

Memorial Donations Make A Difference

People often donate money to a favorite charity in memory of a loved one. Over the last nine years, more than \$14,000 in memorial gifts has been given to Timber Creek Charities.

Alvin Mikkelsen passed away June 5, 2010, at the age of 91 years and 10 months. His niece, Cindy McCarty, was surprised when the funeral director told her Alvin had asked his memorial money go to Timber Creek Charities.

The gift was surprising, but not out of character for her beloved uncle. She had watched him be kind and giving to his neighbors; take care of his church and church family; help others in need; and live a loving, faith-filled life.

Alvin was one of the first people to make a donation to Timber Creek Charities when it was established in 2001. During his lifetime, he gave \$9,700 to the charity. His generosity would continue after his death. As a result of his wishes, more than \$6,000 came into Timber Creek Charities in 2010 and has been helping children and adults receive needed therapies and therapeutic activities ever since.

Guthrie County Residents Benefit from Community Foundation Grant

Pam Willenborg of Guthrie Center calls the therapy she received at Timber Creek a "lifesaver." When her insurance company stopped paying for that therapy, she received financial assistance from Timber Creek Charities. "Timber Creek really helped me get back on my feet," she says.

In 2010, the Guthrie County Community Foundation provided a \$1,500 grant to Timber Creek Charities. Willenborg is one of several

Guthrie County residents helped by those funds.

Willenborg had a knee replacement done in May 2010. The surgery was necessary because of a benign tumor that left her knee "bone on bone." The surgery was performed in a Virginia hospital where her daughter was an orthopedic resident. After the surgery, she lived with her daughter while receiving in-home therapy.

After a couple of months, Willenborg wanted to move home but her doctor wouldn't

release her until she could find a place where she could receive therapy in a pool. Her father-in-law had rehabilitated in the Timber Creek pool after a farm accident.

Alvin Mikkelsen

"I didn't want to have to drive back and forth to Des Moines," she says. "I felt really fortunate to have this facility so close.

After a few visits to Timber Creek, Willenborg's insurance company said she had reached the limit on the number of physical therapy sessions it would cover. But she still was in a lot of pain, and still needed physical therapy. So her therapy bills were shifted to Timber Creek Charities.

Willenborg is an elementary school teacher, so she spends a lot of time on her feet and must go up and down staircases throughout her workday. But she's now doing well. "I don't know where I'd be without the help I received at Timber Creek," Willenborg says.

Previous grants from the Guthrie County Community Foundation included \$2,500 in 2009 to support carriage rides for residents in Guthrie County care centers. Another \$1,200 was received in 2007 to use for individuals receiving therapy who didn't have insurance, or adequate insurance.

Knights of Columbus Donations Top \$10,000

The Knights of Columbus Council #11242 from St. Cecilia's Catholic Church in Panora has been an annual contributor to Timber Creek Charities since the nonprofit was founded in 2003. In 2010, the group made two donations that brought the eight-year total to \$10,200.

The Panora Knights of Columbus has four fund-raisers each year, with net proceeds distributed to charity. Fund-raisers include a St. Patrick's Day dinner, dance and auction; golf tournament; and a food booth at Panorama Days.

Best known is the Tootsie Roll drive at Panora's four-way stop on the three major holidays each summer. Group members station themselves at the corner, taking cash donations and offering Tootsie Rolls to those who donate.

In September, Grand Knight Mo Russell presented Cindy McCarty a check for \$500 raised from the golf tournament. In December, another check for \$1,101.12 was presented as a result of the Tootsie Roll sales.



Mo Russell presents a check from the Panora Knights of Columbus to Cindy McCarty.



VOLUNTEERS HELP MAKE TIMBER CREEK POSSIBLE

Dictionary definitions of the word "charity" encompass what happens at Timber Creek on a daily basis.

On one hand, charity is defined as "a charitable fund, foundation or institution." Timber Creek Charities is a nonprofit entity. Constant fund-raising helps keep the coffers just full enough to meet the need. In 2010, 131 children and adults received financial assistance.

Another definition—"generous actions to aid the ill or helpless." That speaks to the more than 300 volunteers who have been trained and make Timber Creek programs possible. They help in many ways, but most assist with the riding programs. One person leads the horse and two others walk on each side to provide safety and support to the rider.

"Many volunteers have helped us over the years and we appreciate every one of them. But there is a core group that has been with us since the beginning," says Cindy McCarty. "These are people we can call at the last minute, and they will drop what they are doing and come."

Ted Erickson was one of the first volunteers. He's a regular each week when residents from New Hope Village in Carroll come to ride. "You form a bond with them," Erickson says. "This is therapy for me too. You may think you have problems, but when you leave here, you don't have any problems at all."

Duane and Joyce Spicer are regulars for evening groups, but also help during individual sessions. Joyce says at first she was uneasy about being around the horses, but she soon learned to love both the horses and the people. Duane says he enjoys helping both the clients and the Timber Creek staff. "These are people with positive attitudes, who are genuine and conscientious," he says.

Ed Woolman was a Timber Creek patient before he became a volunteer. A stroke and seizures left him unable to walk. The

physical therapy he received on horseback, in the pool and in the exercise room eventually got him back on his feet. "I felt volunteering was a way I could give back," Woolman says. "I saw how they helped me, and that made me want to help others."

Jean Densmore has been helping with a Monday evening group since the beginning. "I like the interaction with the clients," she says. "The happiness it brings, the smiles on their faces—this is such a giving program and I enjoy being a part of it."

Pam Kunkle says as a Christian, she looks at the people on horseback and sees the face of Jesus. "I think of the Scripture that says, 'Whatever you did for the least of these, you did for me.' That keeps me coming back," she says.

David Lantz thinks he gets a lot more out of his time at Timber Creek than the clients. "The little kids are such a joy to work with," he says. "I can't say enough good things about Cindy and this place. It's amazing what they do for people."

Barb Hoehne started volunteering because she loves horses. "Then I met the adults and kids who benefit so much," she says. "Now it's a combination that keeps me coming back. The clients I work with have so many handicaps, but still love to ride the horses and visit with the volunteers."

LeRoy Oxley helps both during individual sessions and evening groups. "I've kept track over the years and figure I've helped at Timber Creek about 300 hours, a half-hour at a time," Oxley says. "I feel so good when I leave here, after helping make someone else's day better."

Linda Wendl's original interest was in finding a place to ride horses. Someone suggested if she volunteered, she could ride and help with the horses without paying anything. She's been a regular on Tuesday nights with New Hope Village clients ever since.

Wendl says, "It's not what I do for these people, but what they do for me that keeps me coming back. They're always so happy to see me, and I enjoy talking with them. I just feel so good after I've spent an evening at Timber Creek."



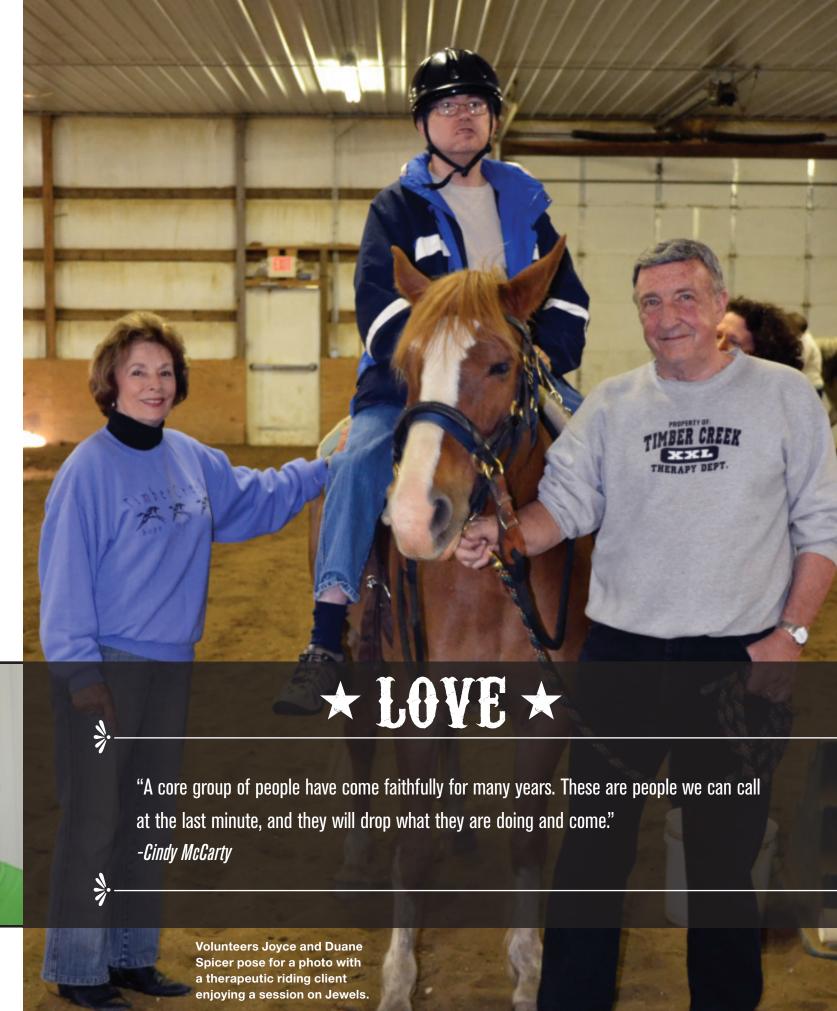
Timber Creek volunteers include, left to right, Bethany Erwin, Barb Hoehne, Ed Woolman, Linda Wendl, LeRoy Oxley and David Lantz. Not pictured, Gail Hayes.

Jack arrived several years ago at Timber Creek Ranch as a stray and has been there ever since. He also volunteers his time, standing patiently to be petted by visitors, trotting behind the horses as they circle the arena, and resting in the sawdust until a group ride ends so he can say good-bye.



One of the first Timber Creek volunteers was Ted Erickson.





ANNUAL GOLF TOURNAMENT RAISED \$40,000 IN 2010

The ninth annual Timber Creek Charities golf tournament held July 17 at Lake Panorama National raised more than \$40,000, making it the single-largest source of funds for Timber Creek Charities in 2010. Five corporate sponsors provided a total of \$20,000.

Brokers International, Ltd., has been an annual sponsor since the first tournament in 2002. That company donated \$5,000 in 2010, bringing its nine-year total to \$38,000.

American Equity also has been an annual donor since 2002. The company donated \$3,500 in 2010, for a nine-year total of \$33,500.

Aviva, formerly AmerUs, became a major sponsor in 2005. The company's \$5,000 donation in 2010 brings its total to \$26,000.

A new \$4,000 sponsor in 2009 was American Retirement Systems and its founder Kevin Wingert, who serves on the Timber Creek Charities board of directors. Wingert increased his donation to \$4,500 for 2010.

Great American Insurance was added in 2010 as a new corporate sponsor with a \$2,000 donation.

More than \$1,100 was raised through the sale of mulligans, a guessing game and a "beat the pro" contest.

There were 28 four-person teams in the best-ball tournament. Golfers participated by paying \$75 each for lunch, golf, prizes and dinner. Another 80 supporters, including Timber Creek patients and their families, attended the dinner.

After dinner, patient Nick Smith of Audubon talked about the therapy he has received at Timber Creek since an accident in February 2009 left him paralyzed from the waist down. After spending three weeks in intensive care in Des Moines, he was transferred to Craig Hospital in Colorado for another three months.

Dr. Jodie Pettit also spoke. A veterinarian from Audubon, she cares for all the animals at Timber Creek Ranch. She also serves on the Timber Creek Charities board of directors, and brings vet students to Timber Creek to volunteer. She explained the steps she takes to make sure animals at Timber Creek are healthy, because of the interaction they have with humans.

The year's activities were highlighted in a slide show. A charity auction followed, netting more than \$10,000.

A total of 28 companies and individuals donated \$100 each to become tee box sponsors. Tee box sponsors were JoAnn Slater in memory of Jerry Slater; Craig and Vickie Ditsworth; Guthrie County State Bank; Medicap Pharmacy; Venteicher Electric; Iowa Hospice; Brokers International Mountain States; In Honor of Aubrey McCarty; In Memory of Don McCarty; In Memory of Wilson Mikkelsen; Hemphill & Associates, Doug and Deb Hemphill.

Also, AMVC—Audubon Manning Vet Clinic; Wingert Family; Dr. John and Jennifer Dilley; People's Bank; Retirement Resources USA, Michele McCarty-Woods; Lenz Insurance, Ray and Carol Lenz; Dowd Drug; Mizpah Rebekah Lodge No. 92, Guthrie Center; Bryton Insurance Agency; Kaleb McCarty; In Memory of Ron Wilkinson; Elise Pick and Ruth Nellesen; In Honor of Collin Evans, Mom, Dad and Logan; Hometown Foods, Panora; In Honor of Kasey Nelson; Kanne Associates & Kanne Realty; and Brad and Cindy Johnson.

A bonus to the money raised during the tournament was \$7,345 that came into Timber Creek Charities as individual donations in response to letters soliciting golf teams and sponsors.

The 10th annual Timber Creek Charities golf tournament will be held July 16, 2011.





"I was progressing, but would rather be home." Smith said. "I was looking for therapy places near where I live and discovered Timber Creek. I didn't know it was there, but I'm glad it is. Everything I'm willing to try, they are willing to try. They don't use an approach that tells me what I can't do. They work with me to do what I can."

-Nick Smith



American Retirement Systems donated \$4,500, and was represented by Kevin and Lisa Wingert.

Two corporate sponsors donated \$5,000 in 2010. Brokers International, Ltd., was represented by, left to right, Bill McCarty and Kelly McCarty. Aviva was represented by Mike Miller

American Equity donated \$3,500. The company's golf team included, left to right, Ron Grensteiner, Kirby Wood, Wendy Waugaman and Bruce Cheek.

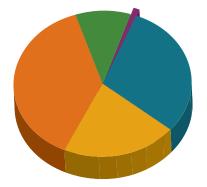
TIMBER CREEK CHARITIES 2010 DONORS

\$1,000 and Up —	
Variety—The Children's Charity	0,000
AVIVA USA Corporation	5,800
Brokers International Ltd	5,000
Bill & Cindy McCarty in Memory of Alvin Mikkelsen \$	
American Retirement Systems/Kevin & Lisa Wingert \$	
DPR Construction, Inc	
American Equity Investment Life Insurance Co	
Sue Behrens/Preferred Physical Therapy	2,000
Great American Life Insurance Co	2,000
St. Cecilia Knights of Columbus/Panora	01.12
Community Foundation of Greater Des Moines	
(on behalf of the Wheeler Family Fund) \$	1,500
Guthrie County Community Foundation	1,500
Rita Bergman in Memory of Don Gillespie\$	
James & Molly Gerlich/Hartman	1,000
Dennis & Sheila Hall\$	
Noble Foundation/Dave Noble \$	1,000
\$500-\$999	
Rob, Paula & Owen Livingston	
Doug & Wanda Smith	
Craig & Vickie Ditsworth	
Fiserv Foundation	
Merv & Barb Krakau	
Al & Sally Meixner	
Dr. Jodie & Rick Pettit	\$500
\$100-\$499	
David & Janice Steffen in honor of Collin Evans	
Dennis Schreck	
Duane & Joyce Spicer	
Iowa State Knights of Columbus—Guthrie Center	
John & Jean Matovina	
Redfield Lion's Project Fund	
United Funds of Guthrie County	\$300
Jim & Julie Gerlach	
Ron & Amy Grensteiner	
Manning Community Funds	\$250
Louis & Shirley Schultes in honor of Collin Schultes	\$250
Gary & Tammy Stapp	Φ25(
Russ Wagner	Φ 25(
Jim & Carol Wendl	φ200
Naomi Barks	
S & R Hoyle Trucking.	
Ned & Margaret Stout in honor of Matthew Myers	φ200 Φ200
Tim & Carrie O'Brien	
Rueschenberg Family Trust	
	\$200
Congo Women's Fellowship	\$200 \$150
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Congo Women's Fellowship	\$200 \$150 \$150
Congo Women's Fellowship	\$200 \$150 \$150 \$130
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Congo Women's Fellowship Victoria Smith Brokers International Ltd. Employee's Golf Function Ann Buenger, Amy Buenger, Amie Carfrae, June Hanks & Barb Rice in Memory of Alvin Mikkelsen. Sandra Lowe. Steve & Ruth Allen. AMVC—Golf Tee Box Brokers International Mountain States—Golf Tee Box Bryton Insurance Agency/Chris Arganbright—Golf Tee Box RD & Kathleen Core Critchett Piano/Dave & MJ Brown.	\$200 \$150 \$150 \$130 \$125 \$100 \$100 \$100 \$100 \$100 \$100
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Guthrie County State Bank/Panorama Realty—
Golf Tee Box
Lyle & Rosie Hansen
Randy & Carol Hansen
Hemphill & Associates/Doug & Deb Hemphill—
Golf Tee Box
Hometown Foods/Tom & Becky Reinhart—
Golf Tee Box
lowa Hospice—Golf Tee Box
Brad & Cindy Johnson—Golf Tee Box\$100 Kanne Realty/Kanne Insurance Station—
Golf Tee Box\$100
Jim & Nancy Kite in Memory of Alvin Mikkelsen \$100
K & R Farrier/Kim Mascaro
Lenz Insurance/Ray & Carol Lenz—
Golf Tee Box
Julia McCarty
Retirement Resources USA/Michelle McCarty-Woods—
Golf Tee Box
Medicap/Panora—Golf Tee Box \$100
Mizpah Rebekah Lodge No. 92/Guthrie Center—
Golf Tee Box
Jeff & Trish Nelson in honor of Kasey Nelson—
Golf Tee Box
People's Trust & Savings Bank—Golf Tee Box \$100
Raymond & Jessie Ream
Mel & Janice Sheley
JoAnn Slater in Memory of Jerry Slater—
Golf Tee Box \$100 Milo & Betty Sorensen. \$100
Mildred Swanson in Memory of Alvin Mikkelsen \$100
Veinteicher Electric/Steve & Mary Jane Veinteicher—
Golf Tee Box
Jr. & Marilyn Washburn
Howard & Sharon Weitl
Sandra Wilkinson in Memory of Ron Wilkinson—
Golf Tee Box
Up to \$99 ————
Steve DeLott
Rose Miller/Westside Bunko Crew
Donation in honor of Lilly Senger
Deb Bieker
Jeremy Brewer
Martin & Brenda Brewer
Richard & Tracy Johnston
Lance & Gayle Levis
Gene & Ruth Nellesen
Philathea Society/Panora\$50
Joe & Elise Pick
Dean & Mildred Betts in Memory of Alvin Mikkelsen \$35
Les & Suzette Betts
Bruner, Bruner & Reinhart in Memory of Alvin Mikkelsen \$25
Steve Rackis
Sandra Wilkinson & family in Memory of Alvin Mikkelsen \$25
James & Joni Carstens in Memory of Alvin Mikkelsen \$20
Eileen Goodrich in Memory of John & Ella Menefee \$20
Collette Keith
Ron & Wanda Mozena in Memory of Alvin Mikkelsen $\dots\dots$ \$20
Harvey & Dorothy Andersen in Memory of Alvin Mikkelsen \$15
Darlene George in Memory of Alvin Mikkelsen \$10
Karen Hawley in Memory of Alvin Mikkelsen
Dan & Diane Owen in Memory of Alvin Mikkelsen \$10
Tom & Cindy Redfern in Memory of Alvin Mikkelsen \$10

These donations do not reflect the many people who donated to the Timber Creek Charities golf outing by golfing in the tournament or sponsoring a team, donating to or purchasing items at the auction, or buying tickets to the dinner. Those donations also are very much appreciated and beneficial to Timber Creek Charities and those who need help.

TIMBER CREEK CHARITIES 2010 FINANCIALS

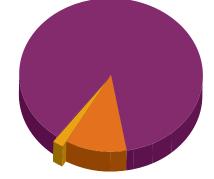


Summary of Income for the Year Ended December 31, 2010

REVENUES

Corporate Donations \$25,475.00 31% **Foundation Donations** 17,651.12 21% Individual Donations 31,268.08 38% Golf Outing Fees 8,187.92 10% 0% Interest Income 210.03

Total Revenues 82,792.15



Summary of Expenses for the Year Ended December 31, 2010

EXPENSES

Fund-raising 11% \$8,187.92 Administrative 2% 1,371.51 Program Expenses 64,304.88 87%

Total Expenses 73,864.31

MEMBERS OF THE BOARD



Rita Bergman

Denver, Colorado Bergman is a retired home healthcare



Craig Ditsworth

Panora, Iowa Ditsworth is a retired CPA.



Carrie O'Brien

Panora, Iowa O'Brien is nursing supervisor for general pediatrics, pediatric hematology and oncology, Blank Children's Hospital.



George Dimitri

Chicago, Illinois Dimitri is a sales consultant for Pella Windows.



Kevin Wingert

Panora, Iowa Wingert is founder of American Retirement Systems.





LouAnn Mowrey Carroll, Iowa Mowrey is director

of the Family

Resource Center

Jim Stafford West Des Moines, Iowa Stafford is vice president of account services for Strategic America.



Dr. Jodie Pettit Audubon, Iowa Pettit is a veterinarian.



OFFICERS



Sue Behrens President, Behrens is a physical therapist at Timber Creek.





★ CONTRIBUTIONS ★

Special thanks to the following companies for the creation and production of this annual report:

STRATEGIC AMERICA

EDWARDS GRAPHIC ARTS

FIELD PAPER CO.

Send your tax-deductible contribution to:

Timber Creek Charities 2400 Poplar Avenue Guthrie Center, IA 50115

Call 641-747-3225 to see if there is a need you can fill, either with a designated monetary contribution or by volunteering your time and talent.